

# LUNCH

## LUNCH BUFFETS

Penne Pasta tossed with Italian Sausage & Marinara  
Sauted Vegetables, Cesar Salad, Garlic Bread Sticks

Citrus Glazed Chicken  
White or Brown Rice, Steamed Vegetables, Rolls with Butter

Lemon Chicken  
Creamy Rice, Sauted Vegetables, Rolls with Butter

Beef or Chicken Kabobs  
Rice Pilaf, Sauted Vegetables, Mixed Greens Salad, Rolls with Butter

Lasagna  
Sauted Vegetables, Mixed Green Salad, Bread Sticks

Beef Strogenoff  
Egg Noodles, Green Beans, Spring Mix Salad, Rolls with Butter

Chicken Alfredo with Linguini  
Steamed broccoli or sauted zucchini, Mixed Green Salad, Garlic Bread

Pulled Pork Sliders or BBQ Beef Sliders  
Tangy Cole Slaw, Baked Potato Salad, Baked Beans, Corn on the Cob

Beef Enchiladas with Red Chili Sauce or Chicken Enchiladas with a Green Chili Sauce  
Green Rice, Black Beans or Refried Beans, Green Salad or Cesar Salad

Hoisen Shrimp with Bok Choy  
Shitakes and Peppers, White Rice, Green Salad

Yankee Pot Roast  
Rosted Vegetables, Green or Spring Mix Salad

## DESSERTS

choose one\*

Red Velvet Cake

Carrot Cake

Pecan Pie

Fruit Tarts

Bread Pudding

Apple Crisp

## BEVERAGES

Bottled Water

Coffee

Iced Tea

## BOXED SANDWICHES\*

\*All boxed lunches come with chips or potato salad and fruit

**Roasted Chicken**  
Roasted chicken with provolone cheese, avocado, slices of red onion, sliced tomato with a mustard and mayo on french bread

**Chicken Salad**  
Tangy chicken salad with pecan, granny smith onions, celery and lettuce green onions served on a flaky croissant

**Grilled Vegetable**  
Grilled portabello mushrooms, zucchini, sweet onions, lettuce on a ciabatta bread

**Tri-Tip**  
Smoked tri-tip slices, jack cheese with a chimichorri sauce on french roll

**Ham and Cheese**  
Honey baked ham, swiss, lettuce on deli rye

**BLT and Chicken**  
Roasted chicken, bacon, chopped tomato with mayo dressing, lettuce on lightly toasted sourdough

## BOXED LUNCH SALADS\*

\*All boxed lunches come with chips or potato salad and fruit

**Chicken Cesar Salad**  
Romaine lettuce, shaved parmesan cheese, croutons with creamy Cesar dressing & topped with grilled chicken breast

**Cobb Salad**  
Grilled chicken, smoked bacon, tomato, egg, avocado & blue cheese crumbled on top served on a bed of lettuce & homemade ranch dressing on side.

**Vegetarian Salad**  
Grilled vegetables: zucchini, eggplant, corn served on a bed of romaine lettuce with avocado & sundried tomatoes. Dressed with balsamic vinaigrette. Served with fresh roll.

**Chinese Chicken Salad**  
Grilled chicken, shredded carrots, green onions, noodles, almond slices served on a bed of shredded napa cabbage on topped with fried wontons. Tossed with a sesame Asian dressing. Served with a fresh roll.

**Steak Salad**  
Grilled tri-tip sliced & served on a bed of romaine, with tomato wedges, green onions, grilled pepper strips. Tossed with raspberry vinaigrette. Served with a Fresh Baked Roll

## PLATTER WITH SALAD OR SOUPS

choose 3 salads or 2 soups

### SANDWICH PLATTER

Includes: A variety of Artisan breads with Honey Baked Ham & Swiss, Smoked Tri-tip with Provolone, Oven Baked Turkey & Cheddar

### WRAP PLATTER

Grilled Steak, Roasted Tomatoes in a Wrap

Greek Chicken, Spinach & Feta Cheese in a Spinach Wrap

Asian Chicken with Whole Wheat Wrap

Grilled Chicken, Romaine Lettuce tossed with Creamy Ranch in Whole Wheat Wrap

Grilled Vegetables, Quinoa & Kale in Sun Dried Tomato Wrap

### SALAD

choose 3

Pasta Salad

Macaroni Salad

Baked Potato Salad

Broccoli Salad

Caesar Salad

Edamane Salad

Greek Salad

Quinoa & Kale Salad

Spinach Salad

— OR —

### SOUPS

choose 2

Roasted Tomato

New England Clam Chowder

Chili

Chicken Tortilla

Vegetable



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